

Mary Phillips Invitational
 Fredonia State University
 January 24, 2009

55 Meter Dash
 Women

	Last	First	Team	Event	Seed	Trial	Final
1	Mable	Lauren	open	55	7.58	7.72	7.66
2	Medeiros	Kelsey	RWC	55	7.73	7.78	7.8
3	Brown	Justine	RWC	55	7.83	7.88	7.85
4	Campus	Jessica	ECC	55	7.9	7.96	7.87
5	Siegrist	Henley	F&M	55	7.7	7.99	8
6	Kline	Allyssa	FRED	55	8.04	8.03	8.01
	Williams	Rhea	FRED	55	8.02	8.08	
	Tonda	Jessica	Boro	55	8.2	8.20	
	Young	Ashley	Boro	55	8	8.49	
	Becker	Danielle	Boro	55	8.1	dns	

Men

	Last	First	Team	Event	Seed	Trial	Final
1	Manns	Jordon	ECC	55	6.56	6.67	6.59
2	Codner	Alvin	ECC	55	6.75	6.77	6.71
3	Brown	Josh	Boro	55	6.65	6.77	6.72
4	Jackson	Nick	ECC	55	6.68	6.84	6.83
5	Jackson	Greg	FRED	55	7	6.91	6.95
	Hawkins	Lemanuel	Alfred	55	7.03	6.88	
	Maddox	Ken	Alfred	55	7.03	6.94	
	Protho	Kyle	Boro	55	6.95	7.01	
	Caughell	Carl	FRED	55	7	7.11	
	Tracy	Steve	F&M	55	6.75	7.12	
	Sackett	Crosby	RWC	55	NT	7.14	
	Steensma	Aaron	RWC	55	7.35	7.16	
	Wasik	Ron	FRED	55	7.00	7.26	
	Mapp	Sean	ECC	55	7.1	7.35	
	Schwarzenholzer	Miles	FRED	55	7.5	7.38	
	Robinson	Marcellus	ECC	55	7.1	dns	
	Vanucchi	Jesse	Alfred	55	7.5	dns	

200 Meters

Women

	Last	First	Team	Event	Seed	Final
1	Mable	Lauren	open	200	26.75	27.45
2	Medeiros	Kelsey	RWC	200	27.58	27.68
3	Williams	Rhea	FRED	200	27.2	27.78
4	Siegrist	Henley	F&M	200	27.5	27.9
5	Brown	Justine	RWC	200	28.06	28.2
6	Hopson	Julia	FRED	200	26.90	28.54
7	Smith	Jessie	Alfred	200	31.5	28.73
8	Campus	Jessica	ECC	200	28	29.23
9	Regan	Caitlin	F&M	200	28.79	29.83
10	Gray	Sam	ECC	200	29.5	29.85
11	Dickerman	Laura	FRED	200	27	30.08

Mary Phillips Invitational
Fredonia State University

January 24, 2009

12	Westerduin	Catherine	F&M	200	NT	30.11
13	Bulkey	Reaghan	Alfred	200	32.5	30.66
14	Wyckoff	Rebeca	Alfred	200	32.5	31
15	Marshall	Claire	F&M	200	NT	31.77
16	Duffy	Katelynn	FRED	200	29	31.78
17	Maguire	Alaina	RWC	200	29.00	32.61
	Tonda	Jessica	Boro	200	28	dns

Men						
	Last	First	Team	Event	Seed	Final
1	Manns	Jordon	ECC	200	22.9	22.46
2	Sackett	Crosby	RWC	200	24.20	23.6
3	Hawkins	Lemanuel	Alfred	200	24.16	23.78
4	Brown	Josh	Boro	200	23	23.81
5	Tracy	Steve	F&M	200	23.45	23.89
6	Maddox	Ken	Alfred	200	24.16	24.08
7	Codner	Alvin	ECC	200	23.9	24.09
8	Outerbridge	Vince	FRED	200	24.00	24.58
9	Jackson	Greg	FRED	200	24	24.69
10	Whitmer	Duane	FRED	200	25	25.42
11	Wasik	Ron	FRED	200	24.50	25.55
12	Mapp	Sean	ECC	200	24.5	25.56
13	Pickell	Jared	F&M	200	24.75	25.56
14	Jones	Jeff	Unatt	200	24	25.69
15	Wild	Jason	RWC	200	25.48	26.04
16	Protho	Kyle	Boro	200	24	26.1
17	Schwarzenholzer	Miles	FRED	200	24.5	26.25
18	Vanucchi	Jesse	Alfred	200	26.2	27.23
19	Callegari	Matt	Unatt	200	24	27.79
	Robinson	Marcellus	ECC	200	25.2	dns

400 Meters						
Women						
	Last	First	Team	Event	Seed	Final
1	Ingraham	Corrie	RWC	400	65.04	1.05.25
2	Regan	Caitlin	F&M	400	63.9	1.05.74
3	Guard	Hailey	FRED	400	65	1.06.27
4	Smith	Jessie	Alfred	400	70.00	1.06.57
5	Gray	Sam	ECC	400	67	1.06.61
6	Krueger	Katie	FRED	400	65	1.07.48
7	Farnsworth	Kara	RWC	400	70.08	1.07.89
8	Wyckoff	Rebeca	Alfred	400	70.00	1.07.90
9	Adornotto	Gina	ECC	400	66	1.08.57
10	Reach	Kylie	ECC	400	66	1.08.94

Men						
	Last	First	Team	Event	Seed	Final

Mary Phillips Invitational
Fredonia State University

January 24, 2009

1	Taylor	Morris	ECC	400	50.1	51.46
2	Anderson	Chris	ECC	400	52	52.27
3	Guarino	Nick	FRED	400	53	52.94
4	Cannata	Phil	Boro	400	55	54.70
5	Mutka	Jared	ECC	400	54.5	54.97
6	Oehler	Steve	ECC	400	54.5	55.36
7	Kucewicz	Jon	Boro	400	55	55.53
8	Outerbridge	Vince	FRED	400	52	55.59
9	Kepler	Matthew	FRED	400	54	55.71
10	Cuero	Hector	Alfred	400	:54.5	55.81
11	Mol	Mark	FRED	400	54.2	55.95
12	Callegari	Matt	Unatt	400	54	56.02
13	Pickell	Jared	F&M	400	53.9	56.70
14	Smith	Dan	FRED	400	54	57.06
15	Weidler	Russ	Alfred	400	:55.64	57.41
16	Handley	Justin	Alfred	400	:54.5	57.59
17	Dahleiden	Cody	FRED	400	55	58.02
18	Brown	Powell	Boro	400	55	58.47
19	Whitmer	Duane	FRED	400	54.00	58.85
20	Powell	Tyler	Alfred	400	:56.9	59.84
	Jackson	Nick	ECC	400	52.5	dns
	Chukwuemeka	Ukono	Alfred	400	59	dns

800 Meters

Women

	Last	First	Team	Event	Seed	Final
1	Cramer	Elise	ECC	800	2:40	2.38.46
2	Traniello	Erin	FRED	800	2:40	2.40.21
3	Ligoci	Kayleigh	Alfred	800	2:45	2.52.40
	McNamara	Rachel	unatt	800	2:30	dns

Men

	Last	First	Team	Event	Seed	Final
1	Rappole	Robbie	FRED	800	1:56	2.00.62
2	McMahill	Mac	FRED	800	2:00	2.02.33
3	Guarino	Nick	FRED	800	2:00	2.03.10
4	Gorski	Richard	Boro	800	2:02	2.03.68
5	Zintel	Brian	Alfred	800	2:05	2.06.01
6	Maloney	Chris	RWC	800	2:06	2.08.39
7	Drummer	Logan	Alfred	800	2:07	2.08.56
8	Novara	Eddie	FRED	800	2:04	2.08.86
9	Slight	Matthew	FRED	800	2:07	2.12.82
10	Smith	Cory	Alfred	800	2:15	2.24.09
11	Chirico	Alex	ECC	800	2:20	2.28.20
12	Malzone	Jon	Boro	800	2:12	2.36.79
	McNeill	Pat	FRED	800	2:07	dns

Mary Phillips Invitational
Fredonia State University
January 24, 2009

1500 Meters

Women

	Last	First	Team	Event	Seed	Final
1	Lanzel	Rachael	Boro	1500	4:37	4.55.45
2	Weismiller	Hilary	Boro	1500	4:42	5.00.09
3	Sanders	Amber	Boro	1500	4:55	5.17.74
4	Ippolito	Trisha	FRED	1500	5:05	5.21.12
5	Gibbons	Jordan	Boro	1500	5:00	5.41.48
6	McMahon	Bridget	Alfred	1500	5:29	5.41.50
7	Hamilton	Emily	Boro	1500	5:20	6.18.58
8	Loper	Jessica	Boro	1500	5:20	6.37.08
	Dicks	Maggie	Boro	1500	5:25	

Men

	Last	First	Team	Event	Seed	Final
1	Rowe	Aaron	Unatt	1500	4:00	3.57.04
2	Guarino	Josh	FRED	1500	4:05	4.09.51
3	Novara	Eddie	FRED	1500	4:06	4.12.11
4	McLaughlin	Barry	Boro	1500	4:02	4.13.57
5	Steves	Trevor	FRED	1500	4:15	4.14.16
6	Williams	Tom	FRED	1500	4:06	4.17.43
7	Jones	Kyle	Boro	1500	4:09	4.29.29
8	Blankfield	Mark	RWC	1500	4:25	4.35.43
9	Smith	Cory	Alfred	1500	4:30	4.35.84
10	Corigliano	Nick	FRED	1500	4:25	4.39.37
11	Sweeney	John	Alfred	1500	4:25	4.42.71
12	Halter	Tim	FRED	1500	4:22	4.50.85
13	Gunns	Nick	Boro	1500	4:15	4.55.18

3000 Meters

Women

	Last	First	Team	Event	Seed	Final
1	Lanzel	Rachael	Boro	3000	10:30	10.27.54
2	Yi	Tina	Boro	3000	10:47	10.32.00
3	Furman	Sarah	FRED	3000	11:00	11.00.05
4	Cerroni	Danielle	Boro	3000	11:20	11.23.10
5	Beringer	Kristine	Boro	3000	11:05	11.42.22
6	Morrone	Laura	FRED	3000	11:25	12.02.96
7	O'Hearn	Allynne	Alfred	3000	12:30	12.46.45
	Bogdanets	Anya	Boro	3000	11:00	

Men

	Last	First	Team	Event	Seed	Final
1	Rowe	Aaron	Unatt	3000	8:40	08:31.1
2	Prejean	Travis	Boro	3000	9:15	09:06.2
3	Walters	Chris	FRED	3000	9:05	09:06.6
4	Lantinen	Chris	Boro	3000	9:10	09:21.3
5	Thoman	Andy	Boro	3000	9:15	09:29.6
6	Brenner	Eric	Boro	3000	9:25	09:43.0
7	Grigas	Greg	ECC	3000	9:40	09:46.6

Mary Phillips Invitational
Fredonia State University

January 24, 2009

8	Francia	Peter	Alfred	3000	10:10	09:57.0
9	Zenko	Zack	Boro	3000	9:40	10:18.1
10	Biela	Chris	Alfred	3000	10:55	10:37.2
11	Orr	Justin	Unatt	3000	11:00	10:39.0
12	Snell	Paul	Alfred	3000	11:00	11:24.3
	McLaughlin	Barry	Boro	3000	8:45	
	Dillon	Scott	ECC	3000	9:20	

55 hurdles

	Last	First	Team	Event	Seed	Trial	Final
1	Wetherwax	Natalie	RWC	55H	9.90	9.56	9.49
2	Medeiros	Kelsey	RWC	55H	9.04	9.60	9.56
3	Sarra	Nikki	Boro	55H	9.2	9.86	9.80
4	Herivaux	Cynthia	FRED	55H	9.7	10.12	10.09
5	Kline	Allyssa	FRED	55H	9.8	10.00	10.10
	Brett	Kate	FRED	55H	8.8	9.08	
	Maguire	Alaina	RWC	55H	10.90	10.58	
	Ingraham	Corrie	RWC	55H	10.84	10.59	
	Marshall	Claire	F&M	55H	NT	10.60	
	Johns	Emily	Alfred	55H	10.5	10.66	
	Westerduin	Catherine	F&M	55H	NT	10.74	
	Koerner	Chelsea	ECC	55H	10.8	11.21	

Men

	Last	First	Team	Event	Seed	Trial	Final
1	English	James	Boro	55H	8	8.41	7.97
2	Caughell	Carl	FRED	55H	8.3	8.29	8.24
3	Gallson	Cameron	Unatt	55H	8	8.49	8.3
4	Power	AJ	FRED	55H	8.30	8.68	8.3
5	Paternostro	Steve	FRED	55H	8.60	8.42	8.34
6	Oehler	Steve	ECC	55H	8.39	8.62	8.48
	Hale	Viron	ECC	55H	9.1	9.08	
	Duross	Schuyler	Alfred	55H	10.2	9.1	
	Breese	Kurtis	Alfred	55H	10.2	9.41	
	Garassi	Fred	ECC	55H	10.5	10.41	
	Skaliky	Mike	RWC	55H	9.67		
	Ryan	Aaron	ECC	55H	10.5		

4 x 400 Meter Relay

Women

	School	Event	Seed	Final
1	Fredonia	4x400	4:15	04:33.2
2	RWC	4x400	4:29.59	04:37.4

Men

	School	Event	Seed	Final
--	---------------	--------------	-------------	--------------

Mary Phillips Invitational
 Fredonia State University
 January 24, 2009

1	ECC	4x400	3:29	3.31.87
2	Boro	4x400	3:32	3.36.62
3	FRED	4x400	3:32	3.37.93
4	RWC	4x400	3:48.74	3.46.04
5	Alfred State A	4x400	03:45.0	3.51.36
6	ECC	4x400	51:00.0	3.54.15
7	Alfred State B	4x400	03:50.0	3.59.73

Distance Medley Relay

Women

	School	Event	Seed	Final
1	RWC	DMR	12:45.00	12.35.38
2	ECC	DMR	13:45	13.15.32
3	FRED	DMR	nt	13.43.35
4	Alfred State	DMR	14:00.0	14.37.66

Men

	School	Event	Seed	Final
1	FRED A	DMR	nt	11.17.7
2	FRED B	DMR	nt	11.22.05
3	FRED C	DMR	nt	11.29.1
4	Alfred State	DMR	11:30.0	11.36.8
5	Alumni	DMR	nt	12.12.3

Weight Throw

Women

	Last	First	Team	Event	Seed	Final
1	Blewitt	Adriane	Unatt	WT	19	18.25
2	Hopson	Julia	FRED	WT	17.20	16.75
3	Catalano	Alyssa	F&M	WT	16.46	16.18
4	Naish	Brandi	RWC	WT	15.92	14.24
5	Gleason	Erin	F&M	WT	13.42	12.74
6	Heath	Keri	FRED	WT	12.5	12.67
7	Johnson	Lindsey	Alfred	WT	6.94	9.17
8	Koerner	Chelsea	ECC	WT	NM	7.55
	Gray	Sam	ECC	WT	nm	
	Heim	Jen	Unatt	WT	15.5	

Men

	Last	First	Team	Event	Seed	Final
1	Gross	David	Alfred	WT	13	14.83
2	Solomon	Louis	FRED	WT	13.1	14.79
3	Miller	Tim	Unatt	WT	14.1	14.24
4	Kahanic	Nick	Unatt	WT	16	13.9
5	Katalinas	John	Unatt	WT	13.65	12.94
6	Hart	Garrett	FRED	WT	13.2	12.07
7	Golish	Paul	Alfred	WT	11.68	10.88
8	Gursky	Nate	RWC	WT	9.89	10.86

Mary Phillips Invitational
 Fredonia State University
 January 24, 2009

9 Eldridge	Zack	FRED	WT	12	10.69
10 Golombek	Mike	ECC	WT	nm	10.5
11 Cady	Jason	Alfred	WT	10.63	9.02
12 Marsocci	David	RWC	WT	6.40	7.72
Titus	Brent	ECC	WT	nm	

Shot Put
 Women

	Last	First	Team	Event	Seed	Final
1	Blewitt	Adriane	Unatt	SP	16	16.08
2	Hopson	Julia	FRED	SP	12.80	12.6
3	Catalano	Alyssa	F&M	SP	11.9	11.34
4	Gleason	Erin	F&M	SP	11.9	10.95
5	Koerner	Chelsea	ECC	SP	8.24	10.17
6	Johnson	Lindsey	Alfred	SP	7.5	9.25
7	Gilson	Carley	Boro	SP	9.76	8.69
8	Gray	Sam	ECC	SP	nm	7.6
	Heim	Jen	Unatt	SP	11.5	
	Prelec	Melanie	Boro	SP	9.76	

Men

	Last	First	Team	Event	Seed	Final
1	Gross	David	Alfred	SP	14	15.29
2	Kahanic	Nick	Unatt	SP	15	14.94
3	Miller	Tim	Unatt	SP	13	12.5
4	Eldridge	Zack	FRED	SP	14	12.23
5	Golish	Paul	Alfred	SP	9.37	11.87
6	Golombek	Mike	ECC	SP	nm	11.41
7	Cady	Jason	Alfred	SP	8.35	11.3
8	Katalinas	John	Unatt	SP		11.1
9	Steensma	Aaron	RWC	SP	10.46	10.28
10	Humbert	Tom	RWC	SP	7.21	10.04
11	Keppel	Jonathan	Boro	SP	10.06	9.59
12	Gursky	Nate	RWC	SP	8.85	8.89
13	Marsocci	David	RWC	SP	7.21	7.54
	Titus	Brent	ECC	SP	nm	

High Jump
 Women

	Last	First	Team	Event	Seed	Final
1	Majka	Jackie	FRED	HJ	1.60	1.55
2	Johns	Emily	Alfred	HJ	1.47	1.5
3	Koerner	Chelsea	ECC	HJ	1.37	1.4
4	Ingrham	Corrie	RWC	HJ	1.32	1.35
5	Duffy	Katelynn	FRED	HJ	1.37	1.3
	Pence	Heather	Boro	HJ	1.48	
	Kaidus	katie	RWC	HJ	1.37	

Men

	Last	First	Team	Event	Seed	Final
--	-------------	--------------	-------------	--------------	-------------	--------------

Mary Phillips Invitational
Fredonia State University

January 24, 2009

1	Ryan	Aaron	ECC	HJ	1.97	2.06
2	Anno	Kwaku	F&M	HJ	1.83	1.86
3	Schwab	Justin	unatt	HJ	2	1.85
4	Steensma	Aaron	RWC	HJ	1.67	1.75
5	Hale	Viron	ECC	HJ	1.6	1.7
6	Garassi	Fred	ECC	HJ	1.6	1.55

Long Jump
Women

	Last	First	Team	Event	Seed	Final
1	Majka	Jackie	FRED	LJ	5.20	5.22
2	Medeiros	Kelsey	RWC	LJ	4.80	4.99
	Koerner	Chelsea	ECC	LJ	NM	
	Bulkley	Reaghan	Alfred	LJ	4.9	
	Young	Ashley	Boro	LJ	4.77	

Men

	Last	First	Team	Event	Seed	Final
1	Louis	Wenley	Alfred	LJ	6.8	7.1
2	Anno	Kwaku	F&M	LJ	6.72	6.72
3	Ryan	Aaron	ECC	LJ	6.36	6.44
4	Weidler	Russ	Alfred	LJ	5.7	6.37
5	Manns	Jordon	ECC	LJ	6.3	5.93
6	Jackson	Nick	ECC	LJ	6.1	5.93
7	Garassi	Fred	ECC	LJ	5.6	5.64
8	Skaliky	Mike	RWC	LJ	5.17	5.38
9	Vanucchi	Jessie	Alfred	LJ	5	5.21
10	Powell	Tyler	Alfred	LJ	5.72	4.97
	Kelley	Mike	FRED	LJ	6.7	

Triple Jump
Women

	Last	First	Team	Event	Seed	Final
1	Majka	Jackie	FRED	TJ	10.60	10.36
2	Herivaux	Cynthia	FRED	TJ	10	10.19
3	Medeiros	Kelsey	RWC	TJ	9.81	10
	Campus	Jessica	ECC	TJ	9.5	nm
	Ingraham	Corrie	RWC	TJ	9.19	nm

Men

	Last	First	Team	Event	Seed	Final
1	Louis	Wenley	Alfred	TJ	13.8	13.91
2	Kelley	Mike	FRED	TJ	13.7	13.51
3	Russ	Weidler	Alfred	TJ	12.8	13.16
4	Ryan	Aaron	ECC	TJ	12.6	12.73
5	Anno	Kwaku	F&M	TJ	13.11	12.48
6	Duross	Schuyler	Alfred	TJ	12.79	12.37
7	Hale	Viron	ECC	TJ	12.1	11.81
8	Garassi	Fred	ECC	TJ	10.8	11.52
	Protho	Kyle	Boro	TJ	11.58	

Mary Phillips Invitational
Fredonia State University
January 24, 2009

Pole Vault Women						
	Last	First	Team	Event	Seed	Final
1	Wetherwax	Natalie	RWC	PV	2.90	3.2
2	Ross	Erin	Unatt	PV	nh	2.29
3	Reach	Kylie	ECC	PV	nh	1.98
	Durrant	Kassandra	Alfred	PV	1.68	nh
Men						
	Last	First	Team	Event	Seed	Final
1	Craft	Greg	FRED	PV	4.15	3.96
2	Curran	Alex	Alfred	PV	4.1	3.96
3	Dahleiden	Cody	FRED	PV	3.6	3.81
4	Duross	Schuyler	Alfred	PV	3	3.2
5	Mol	Mark	FRED	PV	nm	3.2
6	Breese	Kurtis	Alfred	PV	3.35	3.05
7	Glaser	Jarrold	Alfred	PV	3	3.05
	Reynolds	Dan	Alfred	PV	4.4	
	Dillon	Scott	ECC	PV	nh	