

Sustainability Comment

The "Sustainability Comment" will appear each week in The Leader with a different sustainability thought from members of the campus sustainability committee.

CONSERVATION 101—This page appears on the new go green website. Visit the site for suggestions for faculty and staff, as well as information on what SUNY Fredonia has been doing to con-

TIPS FOR STUDENTS

IN THE CLASSROOM

- Try to keep computer printing to a minimum and use the double-sided print option whenever possible.
- If a class requires that you print lecture notes or reserve reading selections, share a set with a classmate and ask your professor if the materials can be reused in a future class once the semester is over.
- Walk or ride your bike to class whenever possible, or try to carpool if you commute to school.
- Donate unwanted books to local organizations such as Literacy Volunteers, Rural Ministry and the Salvation Army.

IN THE DORMS

- Power down your computer when it will not be in use for several hours, and turn the monitor off when you'll be leaving the computer in sleep mode for shorter periods of time. Visit the Facilities Management's Computer Monitor Power Saver site for directions.
- Buy new or used energy star appliances if possible, and consider purchasing or acquiring used television sets. Check out Freecycle and other internet sites as well as local second-hand store for purchasing and donating options.
- Install a compact fluorescent light bulb in any lamps you bring in with you. The campus already saves \$7.00 in energy costs per lamp each year on lamps using compact fluorescent spring bulbs. Just be sure to give expired bulbs to a custodian for recycling; they can't go out in the regular trash or campus recycling bins.
- Keep a houseplant or two in your room.
- Turn off the lights and other appliances when you leave your room.
- Always empty, clean out, and unplug your refrigerator over breaks.
- Inform your RA if there is a problem with the heat and conserve energy by not opening windows in the winter.
- Try to shorten the length of your showers and turn off running faucets or showers in the bathroom.
- Take only the food you plan to eat in the dining halls to cut down on waste.
- Use refillable coffee mugs and water bottles to reduce the number of Styrofoam cups and plastic bottle in your personal waste stream.



For more information, visit our website at
www.fredonia.edu/gogreen