

Green Living

Simple things that you can do to help clean up the environment:



Use reusable tote bags to carry groceries.

Compost household garbage.

Boycott and discourage the use of styrofoam. Ask restaurants to go back to using "doggie bags" and get rid of styrofoam clamshells for transporting food and leftovers.

Use cloth napkins at home. It's easy to wash cloth napkins with your load of bath towels. It also saves you money in the long run.

Conserve gas. Participate in a carpool for driving to work or school. Walk if you live close to your destination. Consolidate your trips.

Plant a tree! If you don't have a yard to plant one in, then join a group or make a donation to one that plants trees in local parks, neighborhoods and forests.

Grow a vegetable garden. You don't need to have a plot of land. Many vegetables will grow well in large pots you can keep on a porch, deck or terrace.

Avoid buying products with artificial dyes and fragrances. They pollute air, water and land.

Don't be a litterbug!

You can make a difference!

Did you know?

In the Amazon we are losing at least 2,000 trees each minute!

The use of styrofoam plastics has been banned throughout the Department of the Interior buildings in Washington D.C.

90% of all grocery bags worldwide are made of plastic.

It takes over 500 years for a polyethylene plastic bag to break down.

Approximately one billion seabirds and mammals die each year by ingesting plastic bags.

Less than 5% of US shoppers make use of reusable canvas or cotton bags.

ONLINE RESOURCES:

Watch the video called "The Story of Stuff" at: www.thestoryofstuff.com

Green Links:

www.treehugger.com
www.care2.com
www.earth911.org

