

Jicama & Apple Slaw

2 Tbsp chopped fresh cilantro 1 oz extra virgin olive Oil
1 tsp minced jalapeno pepper 2 cups julienne jicama
¼ tsp sea salt 2 cups julienne Granny Smith
2 oz lime juice apple



Servings: 10

Yield: serving size ½ cup

Nutrition Facts

Serving size: 1/10 of a recipe.

Amount Per Serving	
Calories	89
	% Daily Value
Total Fat 3g	5%
Sodium 41mg	2%
Total Carbohydrates 16g	5%
Fiber 4g	16%
Protein 1g	2%

Recipe Type

Salad