

Lime and Cilantro Dressing

2 oz	grape seed oil	¼ tsp	sea salt, to taste
1 oz	lime juice	¼ Tbsp	jalapeno pepper, chopped
½ oz	lime zest		
½ cup	fresh cilantro	1/8 tsp	chipotle peppers, canned, chopped



Yield: 2 Tbsp./1 oz.

Nutrition Facts

Serving size: Entire recipe (4.4 ounces).

Amount Per Serving	
Calories	523.6
Calories From Fat (96%)	502.44
% Daily Value	
Total Fat 56.86g	87%
Saturated Fat 5.45g	27%
Cholesterol 0mg	0%
Sodium 483.9mg	20%
Potassium 176.64mg	5%
Total Carbohydrates 5.78g	2%
Fiber 2.29g	9%
Sugar 0.54g	
Protein 0.82g	2%

Recipe Type

Dressing