

## Basic Needs Statement & Campus Resource Inventory

Your well-being is crucial to your academic success at SUNY Fredonia. If you face challenges such as unstable housing, insufficient food, financial difficulties, or other personal hardships, resources are available to support you. Fredonia wants to connect you with these essential services.

### *Food Security*

- **Campus Food Pantry:** The Student Food Pantry @ fredonia provides free groceries to students in need. More information and hours of operation are available at [Fredonia's Student Food Pantry](#).
- **Supplemental Nutrition Assistance Program (SNAP):** Many students are eligible for SNAP benefits, which provide funds for purchasing food. For more information and assistance with applying, visit our [SNAP benefits page](#) or contact [health.center@fredonia.edu](mailto:health.center@fredonia.edu).

### *Housing Assistance*

- **Homeless Liaison:** The Campus Homeless Liaison offers confidential support to students experiencing housing instability. They will connect you with campus and community resources. Contact [care@fredonia.edu](mailto:care@fredonia.edu).
- **Emergency Housing:** If you are experiencing housing instability or homelessness, our Care Coordinators can assist with identifying temporary housing solutions. Contact them at [care@fredonia.edu](mailto:care@fredonia.edu)

### *Financial Assistance*

- **Emergency Grants:** Our campus offers emergency financial grants to assist students facing unexpected financial hardships. To apply, visit [Retention and Special Initiatives](#).
- **Financial Aid:** Ensure that you have applied for all available financial aid, including scholarships, grants, and loans. Contact [Financial.Aid@fredonia.edu](mailto:Financial.Aid@fredonia.edu) (or [visit the Financial Aid website](#) to schedule an appointment) for personalized assistance.

### *Additional Support Services*

- **Mental Health Services:** For counseling and mental health support, contact the [Counseling Center](#) at 716-673-3424, [counseling.center@fredonia.edu](mailto:counseling.center@fredonia.edu) or visit the office in LoGrasso Hall. **In the event of a mental health emergency**, please contact University Police at 716-673-3333, the Chautauqua County Crisis Hotline (1-800-724-0461) or the [National Suicide Prevention Hotline](#) at 988.
- **Physical Health Services:** For health-related concerns, visit the [Student Health Center](#) in LoGrasso Hall, call 716-673-3131 or email [health.center@fredonia.edu](mailto:health.center@fredonia.edu).

- **Academic Support:** For academic assistance, contact Academic Advising Services at [advising@fredonia.edu](mailto:advising@fredonia.edu) or visit us in Fenton Hall, Room 2114 | 716-673-3188
- **Disability Support Services:** For academic and non-academic accommodations, auxiliary aids and support services for students with disabilities, contact Disability Support Services at [disability.services@fredonia.edu](mailto:disability.services@fredonia.edu) or call 716-673-3270.
- **Students of Concern Team:** To report concerns about a struggling student who may need personalized assistance please submit information to the team [here](#).

#### *Statement of Support and Flexibility*

- **Support and Flexibility:** If you are dealing with basic needs insecurity, please communicate with our Care Coordinator - [care@fredonia.edu](mailto:care@fredonia.edu). We are here to help.
- **All Student Supports Services:** Details about essential services outlined can be found online at the [All Student Supports Services](#) webpage.