



Intern

WALL OF FAME

**Lyndsay Harris (Political Science, Senior)**

**Case Manager Intern**

**International Institute of Buffalo**

I am an intern at the International Institute of Buffalo. At the Institute I have held the position of case manager intern. The internship has allowed me to participate in the resettlement process of refugees. At the internship I took refugees to doctor's appointments, social service appointments, grocery shopping and preparation for arrivals, and participated in the administrative processes. These experiences have allowed me to understand the compassion needed in aiding the clients. Also, I have gained various leadership skills, knowledge in the legal policies with refugees, and the great obstacles they face when integrating into the United States. MY time at the Institute has allowed me to grasp a vast knowledge of future careers in various aspects of the field. I have realized after the experience that I want to continue to work for this cause, and to make positive changes in others lives. Furthermore, I would absolutely recommend this internship to students who are interested. Interning has broadened my horizon as a student and has overall made me a more rounded person. The skills I have learned as an intern could have never been learned in a classroom.

I highly recommend the Career Development Office services to students. They have been extremely helpful in directing me in the correct path to accomplish my goals. I have received help with my resume, writing essays for graduate schools, direction in looking and acquiring jobs, and the basic skills needed in order to continue reaching for my goals after my bachelor's degree. I recommend that students begin to utilize the services at CDO as soon as they arrive at Fredonia.