

## **Resident Assistant Programming Model**

### **What is a program?**

A program is a planned activity or event which provides students opportunities to:

1. get to know each other better;
2. get to know themselves better;
3. learn something new;
4. think about something in a different way; and/or
5. become acquainted with a campus resource.

### **Why we program:**

We want students' experiences outside the classroom to be just as impactful and just as memorable as their experiences inside the classroom. Programs not only encourage social interactions, connections, and friendships, but they can challenge perspectives and offer new knowledge, as well. When events are scheduled in advance and advertised effectively as programs are, it helps students know what to expect. This is important for many of our students who are shy, anxious, or introverted. The best programs are fun, too!

So plan those programs – worry less about the number of people who attend and focus more on the quality of the experience of the students who choose to attend. Who knows? Your residents could reminisce about your program 20 years from now!

### **Fredonia Baccalaureate Goals:**

Since Residence Life supports the mission of Fredonia in spirit, we want to support it in practice, as well. With this stated, we are transitioning from the AWESOME pillars to a programming model which is better aligned with our Baccalaureate Goals.

*Skilled: Develop knowledge, intellectual and applied skills, and literacies;*

*Connected: Engage community and diversity, local stewardship, and global citizenship;*

*Creative: Demonstrate scholarship, artistry, and innovation;*

*Responsible: Act with commitment to ethics, leadership, professionalism, and sustainability.*

### **Programming Requirements:**

Every R.A. will be expected to complete a minimum of 5 programs/semester. \*

- At least 3 of the 4 Baccalaureate Goals should be addressed through each R.A.'s semester programming efforts.
- For every program, R.A.s will be expected to complete planning worksheets and evaluation forms. On the planning worksheet, R.A.s will need to identify the Baccalaureate Goal which the program best addresses. Many programs will satisfy multiple Baccalaureate Goals.
- R.D.s may expect a certain breakdown of house/hall programs. This will vary according to supervisor/building.

\*: Fall 2015 Meet-Ups will count as 1 program, reducing the number of minimum required programs from 5 to 4 for each R.A.

**Program Planning Timeline:**

*Beginning of semester:* think about what your residents need and what they would be interested in; establish dates; determine which Baccalaureate Goal(s) your programs satisfy.

*Before each program (at least 1 week in advance):* complete program planning worksheet; request money from R.D., if needed; reserve location; advertise; make sign-up sheets, if needed.

*After each program:* complete program evaluation; submit receipts to R.D.; return any equipment borrowed; write thank-you notes, if appropriate.

**Program Ideas, by Baccalaureate Goal:**

These lists are by no means exhaustive; feel free to use these examples to generate new ideas.

*Skilled: Develop knowledge, intellectual and applied skills, and literacies.*

- Communication
- Social Skills
- Study Habits
- Coping with Pain and Sorrow
- Organizational Strategies
- Time Management

*Creative: Demonstrate scholarship, artistry, and innovation.*

- Trips to Museums, Theatre Productions
- Campus Shows, Recitals
- Crafts
- Slam Poetry
- Music Jam Sessions
- Responding to and Analyzing Works of Art

*Connected: Engage community and diversity, local stewardship, and global citizenship.*

- Community Service
- Networking
- Community Builders (e.g., Movie Nights, Board Games, Group Dinners)
- Getting Acquainted with Fredonia/Dunkirk
- Getting Acquainted with Campus Resources
- Fostering Positive Roommate Relationships
- Learn About Difference (e.g., White Privilege, Underrepresented Groups, International Students, Religion)
- Current Events in the World

*Responsible: Act with commitment to ethics, leadership, professionalism, and sustainability.*

- Personal Safety
- Morals, Ethics, and Values
- Financial Management
- Bystander Intervention
- Personal Health and Fitness
- How to Choose/Change Major
- Self-Advocacy